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8 am to 4 pm Monday through Friday,  
(with the exception of all federal holidays)

Louisianapaddle.com <http://www.louisianapaddle.com/>



More information is available  
for this trail and tourism in the  
area at Explore Louisiana North

Explore  
**Louisiana North**  
Louisiana's Natural Heritage

#### Acknowledgements:

• Northeast Louisiana: Outdoor Series is a project of the agritourism program at the LSU AgCenter. [www.lsuagcenter.com/agritourism](http://www.lsuagcenter.com/agritourism)

• Trail narrative by John Ruskey, Quasapaw Canoe Co.

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Louisiana Trails



## Louisiana Water Trails Tensas River National Wildlife Refuge



### Northeast Louisiana: Outdoor Series

The Tensas River creates a natural wonderland of big trees and spectacular wildlife through the middle of northeast Louisiana. The Tensas is legendary for its natural history of red wolves, Florida panthers, ivory-billed woodpeckers and Louisiana black bears. Unfortunately, out of that list, only the black bear remains.

The best way to experience the natural wonders of the Tensas River is by canoe, kayak or pirogue. Paddlers will be humbled by giant cypress trees and thrilled with birding, flourishing flora, frequent turtle and gator sightings and many signs of the Louisiana black bear. During winter, bald eagles may be sighted.

The Tensas River flows out of Lake Providence and meanders south before it descends into the expansive woods of the Tensas River National Wildlife Refuge.

## Louisiana Water Trails – Tensas River National Wildlife Refuge

On a map you will notice graceful loops, which begin in small radial turns and then grow in size as the river coils into giant loops that are actually ancient channels originally carved by the violent floods of the Mississippi. You will be amazed by the directional changes as you make your way down. In one section, the river channel loops around 20 miles to make 2 miles of southerly gain!

Two trails are on lakes that inhabit old channels of the Tensas that have been isolated by the changing nature of the river and are now charming still water pools ringed by deep forests drenched with the aroma of cypress/hardwood forests.

The visitor's center at Tensas River National Wildlife Refuge should be your first stop before embarking on any water travel inside the refuge. Consult someone at the main desk for permits and information about current water conditions and landings.

## When is the best time to paddle?

Spring and fall are the best seasons for outdoor activity in northeast Louisiana, but you can enjoy it anytime. You will want to avoid river travel here during hunting season. Consult an official Louisiana hunting calendar and the refuge brochure for permitting when you make your plans.

#### Appropriate Vessels:

Canoes, pirogues, kayaks or stand-up paddleboards are ideal for the river trails and lakes. Choose a vessel you can pick up and maneuver with ease. Motorized boats are allowed on the Tensas River but are not practical during low water levels. On the refuge lakes, no motors over 10 hp are allowed.

#### Bad Weather:

Avoid open water paddling on a lake in thunderstorms or high winds. Be especially cautious with cold water conditions.

#### Precautions:

Carry plenty of water and sun protection. Bring maps and this guide packed in a waterproof container. Watch for spiders and snakes, as well as gators sunning themselves or swimming. Learn about the different poisonous plants, which sometimes drape over branches or climb up tree trunks.

#### River Gauge: "Tensas River at Tendam"

<http://water.weather.gov/ahps2/hydrograph.php?wfo=jn&gauge=tdgl1>

- Below 6: Too Shallow.
- 8-14: Ideal.
- 15-19: Fast Water. Some Caution Required.
- Above 20: Dangerous. Advanced paddlers only.

Visitor's Center GPS: N32.318201, W91.382174



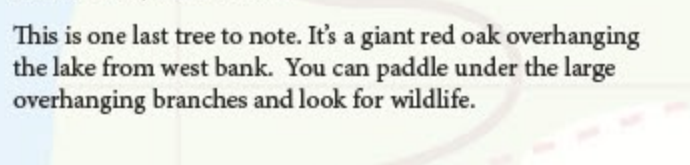
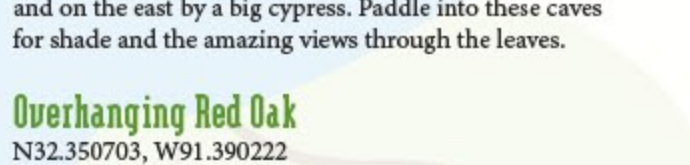
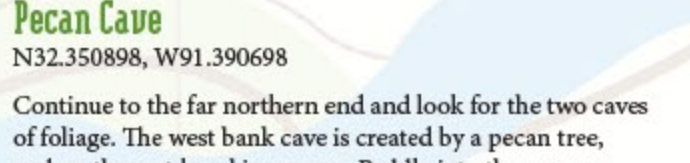
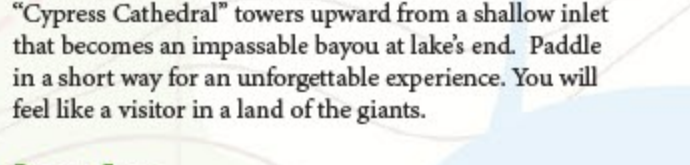
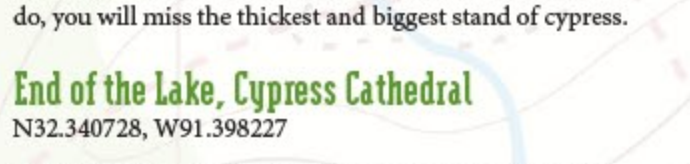
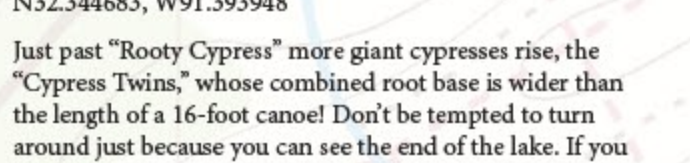
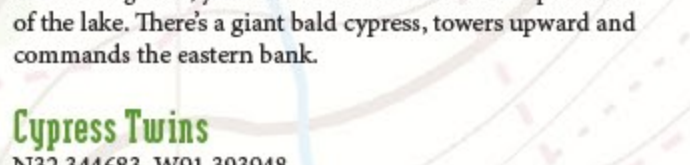
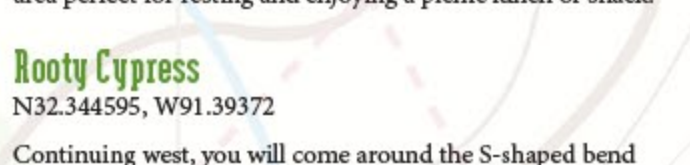
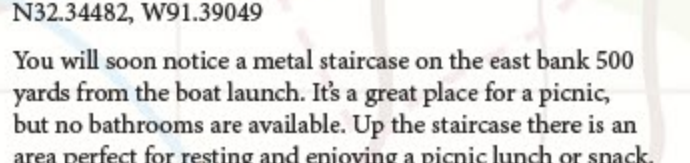
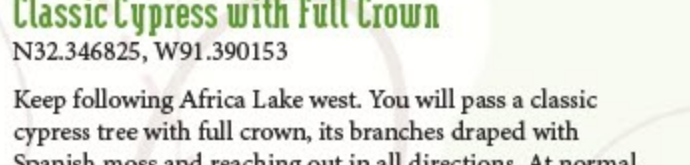
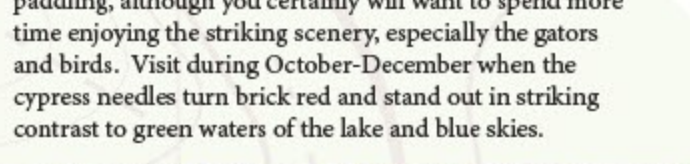
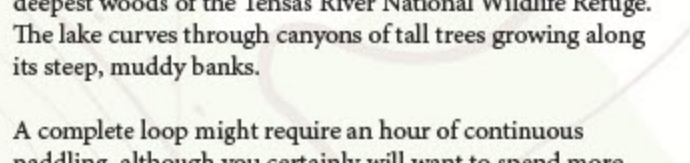
INDEX:  
RBD - Right Bank Descending  
LBD - Left Bank Descending

Visitor's Center landing and take out on the left bank. The river banks become less steep and the shrubbery becomes deeper and thicker as you approach the falls. (Note 4) Below the un-named bayou, trees have fallen from the right bank. Debris has accumulated around the fallen trees, making a narrow passage. Make your landing among a thick grove of air uke and carry your gear to the other side of the blockage, then resume your journey. NOTE: This might change after the next high water.

**South of Un-named Bayou** (RBD Mile 3.9)  
N32.325042, W91.372217

**Fallen Trees/Blocked Channel** (Note 4)  
N32.325042, W91.372217

**Spanish Moss Cypress Trees** (RBD Mile 2)  
N32.332618, W91.349452



# Louisiana Water Trails – Tensas River National Wildlife Refuge

**3 Africa Lake**  
(2.3 Mile Circumnavigation)  
Google Map of Trail: <http://goo.gl/maps/BBoc>

**Africa Lake Boat Launch**  
N32.349893, W91.388526

Africa Lake follows old channels of the Tensas River in the deepest woods of the Tensas River National Wildlife Refuge. The lake curves through canyons of tall trees growing along its steep, muddy banks.

A complete loop might require an hour of continuous paddling, although you certainly will want to spend more time enjoying the striking scenery, especially the gators and birds. Visit during October-December when the cypress needles turn brick red and stand out in striking contrast to green waters of the lake and blue skies.



**Classic Cypress with Full Crown**  
N32.346825, W91.390153

Keep following Africa Lake west. You will pass a classic cypress tree with full crown, its branches draped with Spanish moss and reaching out in all directions. At normal lake levels, you can get close and perhaps make a landing at the base of this giant.

**Africa Lake Picnic Area**  
N32.34482, W91.39049

You will soon notice a metal staircase on the east bank 500 yards from the boat launch. It's a great place for a picnic, but no bathrooms are available. Up the staircase there is an area perfect for resting and enjoying a picnic lunch or snack.

**Rooty Cypress**  
N32.344595, W91.39372

Continuing west, you will come around the S-shaped bend of the lake. There's a giant bald cypress, towers upward and commands the eastern bank.

**Cypress Twins**  
N32.344683, W91.393948

Just past "Rooty Cypress" more giant cypresses rise, the "Cypress Twins," whose combined root base is wider than the length of a 16-foot canoe! Don't be tempted to turn around just because you can see the end of the lake. If you do, you will miss the thickest and biggest stand of cypress.

**End of the Lake, Cypress Cathedral**  
N32.340728, W91.398227

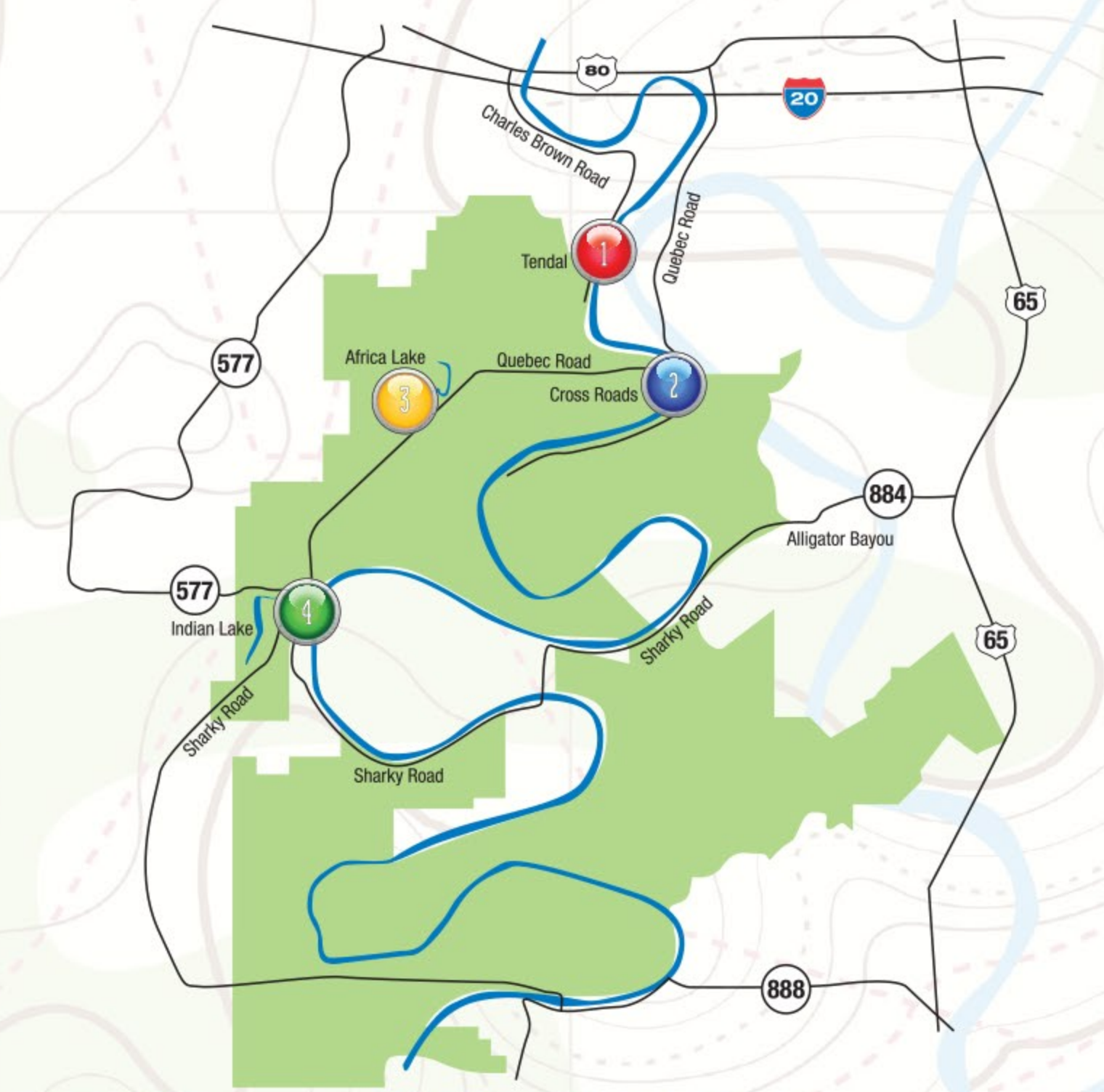
"Cypress Cathedral" towers upward from a shallow inlet that becomes an impassable bayou at lake's end. Paddle in a short way for an unforgettable experience. You will feel like a visitor in a land of the giants.

**Pecan Cave**  
N32.350898, W91.390698

Continue to the far northern end and look for the two caves of foliage. The west bank cave is created by a pecan tree, and on the east by a big cypress. Paddle into these caves for shade and the amazing views through the leaves.

**Overhanging Red Oak**  
N32.350703, W91.390222

This is one last tree to note. It's a giant red oak overhanging the lake from west bank. You can paddle under the large overhanging branches and look for wildlife.



**4 Indian Lake**  
(2.95 Miles)  
Google Map of Trail: <http://goo.gl/maps/mboeD>

**Indian Lake Boat Launch**  
N32.289672, W91.451414

Put in at base of ramp and paddle south into the clear waters of Indian Lake. Follow outside edge for glimpses of animals and plants in the forest and possible alligator sightings. Egrets, herons and other wading birds commonly are seen flying over or fishing from the shoreline.

Halfway along its length, Indian Lake makes an elbow bend slightly south-southwest. Keep paddling to the far end of the lake where a small tributary enters behind a peninsula. Paddle a short way up this tributary or turn around and head back to the parking area. For a change of scenery, paddle down the opposite side.



**Large Cypress Tree**  
N32.276925, W91.454555

A large cypress tree stands in the water at the elbow bend on the west bank. You can paddle up to its base and photograph the interesting array of fluted buttresses and sharp knees.

**South End of Lake**  
W32.270078, N91.457552

**Further Exploration Around Indian Lake: Lick Bayou**  
N32.289743, W91.451323

Paddle under the bridge near the Indian Lake landing and follow the bayou upstream through a canyon of wild hibiscus, that gives way to a cypress and bottomland hardwood forest. Otters and beavers make their homes along the bank, and turtles and snakes often are seen.

**Indian Bayou to Tensas River**  
N32.288947, W91.450607

Follow lake edge northeast into a striking inlet that narrows into a snaky bayou that leads down to the Tensas River. You will encounter snags, fallen tree obstructions and other obstacles along the way. Close encounters with spiders, snakes, gators and poison ivy also are possible. 1.5 miles total. For the adventuresome only. Not passable during low lake levels.

